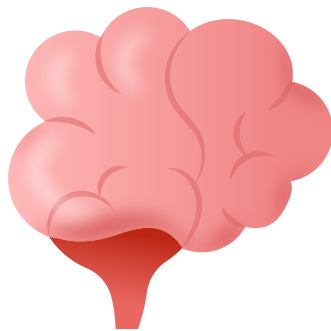
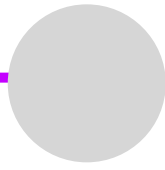


HOW YOUR BRAIN WORKS

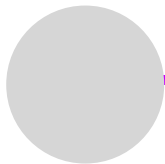
As you watched the short animation about some parts of your brain, try to answer the questions below by matching images and text. Ask an adult to help.



THE BRAIN STEM



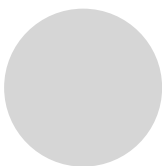
THE CEREBELLUM



THE AMYGDALA



This is an almond-shaped part of the brain responsible for **FEELINGS, EMOTIONS, MEMORIES AND SURVIVAL**



This is a part of the brain that reaches out through our entire body and helps with **BREATHING, DIGESTION AND HEART RATE**



This is the part of the brain that helps us with **MOVEMENT AND keeping BALANCE.**



HOW YOUR BRAIN WORKS

The video teaches us that our brain produces about 12-25 watts of electricity. It also told us that we have more chemicals in our brain to solve problems after a bit of exercise. Draw all the things you could do better after a bit of physical activity.

MY BRAIN AFTER A BIT OF PHYSICAL ACTIVITY

