

# HOW SUGAR AFFECTS YOUR BRAIN

Watch the video: How Sugar Affects your Brain, and answer the questions below. Find the answer key by scanning the QR code.

1. What does the term SUGAR refer to?
2. Name at least three types of sugar molecules.
3. Where are the sweet receptors located when we first eat sugary foods?
4. Which part of the brain directly processes sweets?
5. How do we crave more sugar once we ingest some?
6. What does dopamine do?



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