

SEIZURE FIRST AID

Read the statements below and indicate whether they are true (T) or false (F), based on the video animation, by Epilepsy Action Australia. Scan the QR code for the answers.

- T F 1. All seizures appear to have the same symptoms.
- T F 2. When witnessing a seizure it is important to remain calm.
- T F 3. You can help the person having a seizure by reassuring them.
- T F 4. If a person has a tonic clonic seizure it is best to keep them on their back.
- T F 5. Timing a seizure helps to know if you need to call an ambulance.
- T F 6. In a focal unaware seizure, a person may be moving but is not responsive.
- T F 7. You should call an ambulance if a person does not regain consciousness after 5 minutes after the seizure ended.
- T F 8. Never put anything in a person's mouth if they are having a seizure.
- T F 9. If a person falls down as a result of their seizure, remove any objects they may get hurt from.
- T F 10. Give water to a person who is having a seizure.



Scan me!