

# CLOUD WATCHING

LOOK UP. RELAX. USE YOUR IMAGINATION.

Lie on a blanket and watch the clouds. What shapes, animals, or funny characters can you find?

There are no wrong answers!  
Just have fun!

WHAT CAN YOU SEE?



Animals?



Objects?



Creatures?



Funny characters?

Draw what you see!



Take a deep breath, enjoy the sky, and give your mind a break.

You matter.  
You are amazing!