

★ "I Can Still..."

Same you. Different challenges. Still amazing.



"Epilepsy has made me worry about _____,
but I can still _____."

Here are some examples:

"I worry about having a seizure at a party, but I can still spend time with friends."



"I worry about being alone, but I can still become more independent."



"I worry people won't understand, but I can still teach the people I trust."



"I worry about the future, but I can still make plans."



Your story matters.
You are more than your diagnosis.



Different challenges.
Same dreams.